

# **ENERGY SET**

Use during physical and emotional overload, exhaustion, or a constant feeling of fatigue. It will help with difficulties in concentration, fragile sleep, and weakness.

Day and Night Chlorofil Aloe Vita C My Blood My Mind 2 x Fizzy Easy Energy Complex



## <u>USAGE:</u>

#### Morning:

- Vita C 25 ml before meals
- Day 25 ml during meals
- My Mind 25 ml during meals
- My Blood 25 ml after meals
- Chlorofil 20 ml per 1/2 liter of water, drink until lunch

#### Lunch:

• Fizzy Easy Energy 1 tablet per glass of water after meals

### Evening:

- Aloe 25 ml before meals
- Night 25 ml during meals