

# **HEART SET**

The heart is the most vital component of the human circulatory system. Its efficiency depends on its automatic functions as well as the regular supply of substances that ensure its proper functioning and condition.

This is recommended for individuals with blood pressure fluctuations, palpitations, swelling, varicose veins, or persistently cold hands and feet (indicative of peripheral circulation issues). It is also beneficial for recovery following a heart attack or stroke.

Day and Night Vita C Fiber RegenOil Liquid Gold® ProSugar® ProCardiol® ProCholterol® 2x FIZZY EASY Mg+K+B Complex



# <u>USAGE:</u>

### Morning:

- Vita C 25 ml before meals
- Day 25 ml during meals
- ProCardiol 2 capsules after meals
- Regen Oil 5 ml with food in the morning or at lunch

### Lunch:

- ProSugar 2 capsules before meals
- Fizzy Easy Mg+K+B complex 1 tablet per glass of water after meals

# **Evening:**

- Night 25 ml during meals
- Fiber 25 ml during meals, with a glass of water
- ProCholterol 2 capsules after meals